## LIFE AND DEATH CASSEROLE

## *Ingredients:*

3 C Cooked Chicken 1 T Poppy Seeds
1 Can Cream of Chicken Soup 1/4 Butter, melted
1 8 oz. Can of Sour Cream 1 1/2 C Ritz Cracket

1 1/2 C Ritz Crackers (approx. 1 sleeve of

crackers), crushed

## Directions:

1. Boil 1 whole chicken for 2 hrs. and de-bone when cool -OR- de-bone the previously boiled chicken if you have made stock.

- 2. In an oven safe serving dish spray some non-stick spray.
- 3. In a bowl combine the chicken, soup, sour cream and poppy seeds.
- 4. In a different bowl, combine the crushed Ritz and melted butter.
- 5. Place the combined chicken, soup, sour cream, and poppy see mixture into the oven safe serving dish.
- 6. Spread the Ritz cracker mixture on top of the chicken mixture.
- 7. Bake uncovered at 350-degrees for 30 minutes or until the sides begin to bubble.